

Cyclone Volleyball

Playing Time Guidelines

May, 2010

Playing Time Policy – All Grades

The attitude, effort, attendance and conduct exhibited at games and practices will influence an athlete's playing time. Athletes should receive meaningful minutes that promote their personal development along with that of the team. Dedication to the sport, dedication to their Holy Family team, practicing good sportsmanship and practicing teamwork are our development priorities. Coaches have the primary discretion for playing time based on these tenets.

Note: Conference playing time rules supersede these guidelines where applicable.

5th Grade

- If the team size is 11 or fewer players, it is suggested that athletes should play at least 50% of the time (the equivalent of one and ½ games) in a three game match.
- If team size exceeds 11 players, it is suggested that athletes should play at least the equivalent of 30% of the time (approximately 20 points) in a three game match.

6th Grade

- It is suggested that athletes should play at least the equivalent of 30% of the time (approximately 20 points) in a three game match.

7th Grade

- It is suggested that athletes should play at least the equivalent of 25% of the time (approximately 15 points) in a three game match.

8th Grade

- Playing time is the up to the coach's discretion; however, the Holy Family Athletic Committee strongly recommends that all student-athletes must have the opportunity to participate in a match.

Tournaments:

Grade specific playing time guidelines provided apply to both league matches and tournaments. In tournament play the playing time guidelines should be applied on the percentage basis of one grade higher (e.g. 6th grade playing in a tournament, may use the 7th grade playing time guidelines).